Au Yeung Sharis Cheuk Yin

55745178

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Option10: A dream narrative (Automatism)

My work is called "Where am I?". It is about a girl who was in her dream, waking up from unconsciousness, not knowing whether she is in reality or still in the dream. Memories and realities keeps crossing her mind, and making her crazy.

Dreaming is a kind of unconscious thinking happens when we are sleeping. Dream narrative describe how a dream looks like, in the form of texts, sounds, or moving images. Not all of the dreams are complete, they are usually fragmented, messy and unreal. You can see human fly in the sky, some creatures you have never seen or things that will never happen in real life, because dreams are imaginary. People usually do not remember the complete story of their dreams, the only way to present the dream world is by storytelling, which could be hard because everyone has different mindset. Some people may not believe in dreams, while some may think that dreams did reflect reality. In order to let someone believe your dreams, is to tell the story with empathy and describe it clearly by texts.

It is true that dreams are very abstract. There are no sense in dreams, all of them are by imagination and interpretation. We can know that dream narrative must be fiction, which is interesting because it allows you to see things in a whole new perspective and tells you that seeing things by real eyes does not necessarily means they really happened. Even though I create a movie, does not means the scenes happened in real life, films and dreams both seems real but are not real. They could just be some randomly linked events, or a group of fragmented memories. Besides, different person can have different interpretation to dreams, I think dreams are rather personal, and reflects your inner world, therefore only appears when you are alone.

I consider dream narrative as a form of fragmented and unreal images. Therefore my work consisted a lot of fragmented montages, overlaid images, messy audios to create an

atmosphere of my dream world and the random dream sequences. If people look at the work carefully, maybe they can pick up the pieces and collage them into a complete story.

The link to my work: https://youtu.be/WMv9jkj8N0Q